



Annual Spring Conference

Friday, April 26, 2019 | 8:00am to 4:00pm

Career Development Across the Lifespan

The theme of this year's conference was chosen to help us better understand and assist with the variety of lifework related issues facing our clients and/or students at the various stages of their lives.

Session 1

Presentation | *Meaning and Purpose: Living Your Core Values Throughout the Lifespan.*

Presenter - *Jonni Lukenbill-Bowles, LPC, NCC, BCC, CLRC* is a counselor, coach and owner of Sage Prairie Studio. Jonni's presentation will address the questions: How can we harness the power of our learning to help our clients in their career lifespan? How do we help our clients achieve their AUTHENTIC CAREER? As a result of her lifelong study of eastern philosophies, she will share a secular list of those philosophies that can help us observe our clients and understand their career wholeness beyond their resume and career history and, in turn, assist them in getting in touch with their authentic self.

Session 2

Presentation | *Beyond Age and Stage: Career Considerations from an Intersectional Framework*

Presenter - *Melissa Fickling, PhD* is an Assistant Professor of Counseling at Northern Illinois University. Career practitioners may feel that historical models of career development are not comprehensive enough for meaningful career counseling today. Intersectionality is a decades-old concept that is gaining more recognition in mainstream counseling discourse. In this presentation, we will consider how our clients' experiences with privilege and oppression can shape and be shaped by career development phenomena, and the role of the career practitioner in broaching these topics.

Session 3

Presentation | *Transitioning from College to Careers – A Look at Strategies, Resources and Best Practices Viewed Through a Higher Ed Lens for Lifelong Career Success.*

Presenter - *Danette Schulz, MA, LPC, NCC* is the Assistant Director for Academic Advising and Career Development at the Schaumburg campus of Roosevelt University. This presentation will discuss new steps institutions are taking to integrate career readiness into the college experience with student focused initiatives aimed at helping students reflect, articulate, and translate their career readiness skills, knowledge and thinking. This will include looking at the Wise Wonderings system by Dr. Katherine Brooks and understanding Chaos Theory as a new tool when working through the transition process.

Session 4

Presentation | *Blossoming at Midlife - Exploring the Opportunities That Come with Wisdom and Experience*

Presenter - *Nick Williams* is the author of the international best-selling book, *The Work We Were Born To Do*. Nick will remote into our conference from London, UK and present the culmination of his research on leadership. Having found inspirational leadership to be a collaborative activity, full of opportunities to work alongside others and that our most powerful leadership is derived from a commitment to serve something greater than ourselves, Nick will take us into the middle years and discuss how our clients have the potential to lead and inspire.

Session 5

Panel | *Lifework Issues Unique to the Older Worker Including the Non-Financial Aspects of Retirement Planning.*

Panel Moderator - *Donna Sandberg M.S., NCC, LCPC* is a career counselor and owner of Career Path
Panelist – *Susan Ackley, MA, LCPC, CADC, BC-TMH, CRC* is the owner of Compass Point, LLC Counseling and Coaching
Panelist – *Lauren Milligan, Job Search Coach and Owner, ResuMayDay*
Panelist – *Crystal Neal, PhD, LCPC* is a Professor and President of the Illinois Association of Adult Development and Aging

Session 6

Best Practices Presentation and Facilitated Discussion | *The Existential Issues of Lifework Planning Across the Lifespan*

Session Moderator - *David Barreto, MA, NCC, LPC* is the co-owner of Lighthouse Professional Counseling Center and an Assistant Professor/Counselor at Waubesa Community College. Three best practices for addressing existential issues common to all will be shared. The presentations will be followed by a facilitated discussion among conference attendees with the objective of gathering best practices for a document to be prepared following the conference. This document will be placed on our ICDA website for the benefit of both our members and the public.

Conference at a Glance

8:00am Registration & Continental Breakfast
8:30am Conference Begins
12:15pm Lunch
1:15pm Conference Resumes
4:00pm Adjournment

Location

Northern Illinois University, Room 260
1120 E. Diehl Road, Naperville, IL 60563

Directions

<http://www.niu.edu/conferencecenters/naperville/directions.shtml>



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2019 SPRING CONFERENCE

Conference Fees Include Continental Breakfast and Lunch
ICDA Members: \$80
Graduate Students: \$60
Members of ICA and Non-Members of ICDA: \$90
Non-Members of ICA and ICDA: \$100

Registration: Online registration is available through the Illinois Counseling Association at <https://www.ilcounseling.org/events/EventDetails.aspx?id=1207567&group=>

This conference is recognized as providing 6 CE's by the Illinois Counseling Association.

ICA is a co-sponsor for this event.

The ICA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-Approved Clock Hours for events that meet NBCC requirements. The ACAP solely is responsible for all aspects of the program. This program is recognized as providing CE Clock Hours for: LPC/LCPC/NCC (NBCC Provider #2014) LSW/LCSW (IDFPR license 159.001342) MFT (IDFPR license # 168.000228) and LicPsych (IDFPR license #268.000065).



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Career Development Across the Lifespan
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The Illinois Career Development Association Presents:

- 1 Assess your interests, personality type, transferable skills and values.
- 2 Gather and maintain current, accurate and comprehensive information about your chosen field.
- 3 Develop and sustain a clear focus or mission for your life's work and re-evaluate regularly.

**FIVE
PROACTIVE
STEPS OF**
Career Development

- 4 Network in person and via social media throughout your career.
- 5 Be a life-long learner by engaging in professional development opportunities.

www.IllinoisCareerCounseling.com



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